

Community Health Nursing
Forth year exam,

Date: 8/1/2012

Time allowed: 3 hour

Grade: - 100 Points

I- Read each of the following statement and circle (T) if it is true and (F) if it is false in the answer sheet :- (20 points)

1. Health education should be individualized to meet the learner's needs.	T	F
2. Pregnant mothers should receive for long term protection against tetanus 6 doses of tetanus toxoid.	T	F
3. One of the advantages of mass media is that the educator can change the content of teaching according to the learner's interest.	T	F
4. High risk pregnant mothers include those below 20 years old and forth or more pregnancy.	T	F
5- CHN practices are rarely concerned with promoting client's self care.	T	F
6. An ideal contraceptive should be inexpensive, effective, reliable and accept by public.	T	F
7. Rural health units as primary health care deals only with preventive services.	T	F
8- Formal channel of communication includes television, radio and newspapers.	T	F
9. Occupational physical hazards include exposure to extreme heat and cold, noise, radiation and vibration.	T	F
10. Food handlers. In school should be examined each semester.	T	F
11. Step parent family means a combination of two families with children from both.	T	F
12. Flip charts are useful with large groups.	T	F
13. Primary health care stress on involving the community in health care.	T	F
14. The term community organization is the same as community participation.	T	F
15. The most common infectious diseases among school children include diarrheal diseases, chicken box and conjunctivitis.	T	F
16. The neonatal weight for an infant one year old ranges from 7-8.5kg.	T	F
17. If the pregnant mother's rhesus factor (rh) is negative and father '(rh) is also negative, this could constitute a health problem to the baby.	T	F
18. The first post partum visit to the mother should be done at the 2 nd post partum day.	T	F
19. APGAR scoring should be done to the newborn at the 1 st & 10 th minutes after birth.	T	F
20. Periodic selective examinations are measures of primary level of prevention.	T	F

II- Choose the only correct answer and write the letter you choose on the answer notebook: (20 points)

- 1- Pregnant mother should visit the MCH center in the 6th month of pregnancy every:
- a) One week
 - b) 2 weeks
 - c) four weeks
 - d) when necessary
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- 2- The following are disadvantages of chalk board **except:-**
- a) Time consuming to the teacher
 - b) Requires good hand writing
 - c) Needs a lot of preparations
 - d) Takes the teacher's attention
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- 3- Primary level of prevention aims at:-
- a) Early discovery of diseases
 - b) Prevention of diseases
 - c) Rehabilitation
 - d) providing nursing care to patients
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- 4- Hepatitis B vaccine is kept:
- a) On the first shelf of the refrigerator
 - b) In the freezer
 - c) On the 2nd shelf of the refrigerator
 - d) On the door
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- 5- Thyroxin analysis should be done to neonates
- a) Within one month
 - b) Within the first week of the life
 - c) After 2 months
 - d) None of the above
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- 6- Application of the universal precautions means:
- a) Patients' blood should be treated as infectious
 - b) Patients' urine and stool should be treated as infectious
 - c) Patients' saliva should be treated as infectious
 - d) All the above
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- 7- The principles of infection control include all the following **except:-**
- a) Don't bend or break the needle prior to the disposal of syringe
 - b) Recap the needle after use
 - c) Wear gloves when washing sharp instruments
 - d) Place contaminated sharps in puncture resistance container
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- 8- Hepatitis B vaccine is given:-
- a) Before the infant is one month old
 - b) Before the infant is 2 months old
 - c) Immediately at birth
 - d) At 2nd, 4th, 6th months of age
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- 9- The HIV can be transmitted through the following means, **except:-**
- a) Sexual intercourse
 - b) Maternal-infant transmission
 - c) Contaminated blood & blood products
 - d) Skin contact
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- 10- The first dose of the tetanus vaccine is routinely given to pregnant mother during:-

- a) First trimester
 - b) Second trimester
 - c) Third trimester
 - d) None of the above
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11- Women's health is affected positively by all the following except:-

- a) Lack of access to information
 - b) Availability of the health services
 - c) Their right of equality
 - d) Women's empowerment
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12- Community health nurse in collecting data for community assessment, she should look for:-

- a) The community itself and its population
 - b) The environment and the ways of communication among people
 - c) Vital statistics and health facilities
 - d) All the above
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13- Community health nursing practice:-

- a) Deals with critically ill patients
 - b) Focus on individual patient for curative measures
 - c) Concerns with health promotion and disease prevention
 - d) Promotes client dependence on health care professionals
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14- Secondary prevention:-

- a) Involves efforts to detect and treat health problems
 - b) Aims at promotes health
 - c) It include measures to restore individual's function
 - d) It involves measures for preventing diseases
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15- When people from the community are involved with the community health nurse to solve health problems and give education to the public, this is called:-

- a) Informal communication
 - b) Mass media
 - c) Community assessment
 - d) Community organization
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16- It is useful for the client to bring the family member or a friend to the health education class, because this person:-

- a) Provides feedback to the educator
 - b) Acts as positive social support reinforcement
 - c) Should summarize the important points to the learners
 - d) Can be active participant
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17- DT vaccine is given to school children at:-

- a) The first year and fourth years of primary school
 - b) The first year of primary school and third year of preparatory
 - c) The first year, fourth and sixth years of primary school
 - d) The first year and third year of preparatory
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18- The main reason for visiting the post partum women in the 3rd day is to:-

- a) Check the involution of uterus
- b) Check the post partum hemorrhage

- c) Check the occurrence of post partum sepsis
 - d) Check the milk secretion
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19- The fourth dose of the tetanus vaccine gives the mother protection for:-

- a) 3 years
 - b) 5 years
 - c) 10 years
 - d) Forever
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20- Vitamin A supplementation is given to children:-

- a) 2 capsules at 24 months of age
 - b) 1 capsule at 9 month of age and another 2 at 24 months
 - c) 2 capsule at 9 month of age and another 2 at 24 months
 - d) None of the above
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III- Complete the following: -

(40 points)

1- Strategies for nursing action in environmental sanitation includes: -

(5points)

- a)
- b)
- c)
- d)
- e)

2- Effective communication skills includes:-

(5points)

a)

b)

c)

d)

e)

3- Principles of primary health care include:-

(5points)

a)

b)

c)

d)

e)

4- Health appraisal for infants includes:-

(5points)

a)

b)

c)

d)

e)

5- Role of Community health nurse in schools includes:-

(5points)

a)

b)

c)

d)

e)

6- Preventive services of the rural health unit include:-

(5points)

a)

b)

c)

d)

e)

7- Activities of the occupational health nurse include: -

(5points)

- a)
- b)
- c)
- d)
- e)

8- Prevention of protein – energy malnutrition includes:-

(5points)

- a)
- b)
- c)
- d)
- e)

IV- Situation:-

(20 points)

During your clinical experience you worked with the following family. The socio-economic standard of the family is low and lives in a slum area.

Mrs. Laila, 37 years old a nurse aid at chest hospital, healthy but looks tired, and had 3 children.

Sami, 3 years complains of severe diarrhea since 2 day.

Mona, 12 years primary school, had her first menstrual cycle this month.

Nader, 14 years, at preparatory school, likes to play football; 2 days ago he felled down and fractured his right leg. It is in cast now.

Husband, 45 years old worked at the same clinic, heavy smoker, his complaint of cough with sputum.

Questions:-

1- What are the occupation risks that Mrs. Laila and her husband are susceptible of ? (3 points)

2- Your educational intervention to her should include:- (5 points)

3- Your nursing intervention to Sami should include:- (3 points)

4 - Your nursing intervention to Mona should include:-

(3 points)

5- Your nursing intervention to Nader should include:-

(3 points)

6 Your nursing intervention to the husband should include:--

(3 points)

GOOD LUCK