

**Gerontological Nursing**  
**Forth year exam**

**Date:-15-1-2012**

**Time allowed: 1 hour**

**Grades:- 50 points**

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**Answer all the questions in your answer notebook;**

**I-Read each of the following statement and circle (T) if it is true and (F) if it is false in the answer sheet: (10 points)**

1- It is dangerous for the nurse to give the elderly an injection in the ventrogluteal muscle.	T	F
2- Elderly homes usually increase their dependency.	T	F
3 Diagnosis of Parkinsonism is confirmed with lab investigation.	T	F
4- The nurse should restrict visitors for elderly with Alzheimer.	T	F
5- Compared with adults, depression tends to last longer among elderly.	T	F
6- The nurse should encourage elderly with CHF to consume banana.	T	F
7- The nurse should advice elderly with gout to reduce body weight.	T	F
8- Obesity is a risk factor to diabetes, hypertension, and osteoarthritis.	T	F
9- Restriction of fluid intake is the key of nursing intervention for an incontinent elderly.	T	F
10- Bedridden elderly is liable to orthostatic pneumonia.	T	F

**II- choose the only correct answer and circles the letter you choose on the answer sheet:- (10 points)**

1- The nurse caring fort an elderly with osteoporosis should encourage him to:-

- a) Bed rest.
  - b) Maintaining social activities.
  - c) Practice relaxation technique .
  - d) Exercise regularly.
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2- Skin changes in old age make the elderly liable to:-

- a) Skin breakdown.
  - b) Heat stroke
  - c) Pruritis.
  - d) All of the above
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3- Tolerance may develop when an elderly is a chronic users of:-

- a) Antihypertensive
  - b) Sedatives and hypnotics
  - c) Anti-inflammatory
  - d) Vaso- dilatation
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4- In giving intramuscular to an elderly it is much safer to administer it in the

- a) Ventrogluteal muscle
  - b) Gluteal muscle
  - c- Deltoid muscle
  - d- Any of the above
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5- Social changes that recently increase in the community and threaten the security and wellbeing of the elderly include:-

- a) Families are increasingly mobile
  - b) Children often leave home to another city or country
  - c) Families are mostly nuclear type now
  - d) All of the above
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6- Factors that make assessment of older adult difficult includes:-

- a) Uncorporation of the elderly
  - b) Exaggerations of complaints by elderly
  - c) Coexistence of multiple diseases
  - d) Lack of trust between the elderly and the nurse
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7- Condition that may have symptoms similar to Alzheimer are:-

- a) No similar condition
  - b) Myocardial infarction and late stage of renal failure
  - c) Depression, vitamin B12 deficiency and hypothyroidism
  - d) Anxiety, hypertension and osteoporosis
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8- Which of the following medications had side effects that can cause or worsen the symptom of depression?

- a) Antihypertensive
  - b) Digital
  - c) Estrogen and progesterone
  - d) All of the above
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9- In a diabetic patient, administration of insulin with an adequate caloric diet is a common cause of:-

- a) Hypoglycemia
  - b) Hyperglycemia
  - c) Hypertension
  - d) Heart attack
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10- The community services that may be available to the elderly outside the home include:-

- a) Outpatient hospice services
  - b) The day care units
  - c) The respite services
  - d) All of the above
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**III- Complete the following: - (15 points)**

1- Objectives of health services elderly include:-

a)

b)

c)

d)

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2- Treatment elderly with osteoarthritis includes:-

a)

b)

c)

d)

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3- Intervention for elderly with CHF includes:-

a)

b)

c)

d)

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**IV- Situation:**

**(15 points )**

Mrs. soad is 74 years old, diabetic for over than 18 years, had peripheral neuropathy which make her lost the feeling in both feet. Last week, while shopping, a piece of broken glass injured her left feet. She did not realize the injury until she returned back home and noticed blood on her foot. She went to an out patient clinic to dress the wound. She is now resting in bed complaining of pain in her foot that limits her movement. Her fasting blood sugar was 185g /dl.

**Questions:**

1- Mrs. soad is at risk for the following:

(3 points)

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2- Your nursing intervention to the feet problems of Mrs.Soad includes:- (6 points)

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3- Your other intervention of Mrs.Soad should includes:- (6 points)

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**GOOG LUCK**